



MOVING LIVES FORWARD

SCHOLARSHIP PROGRAM

Application Guidelines – 2026

The Health Care Foundation, in partnership with the Newfoundland and Labrador Association of Public and Private Employees (NAPE), is proud to offer the Moving Lives Forward Scholarship Program.

Funded through the generosity of NAPE and its members, this program supports individuals who have accessed adult Mental Health and Addictions services in Newfoundland and Labrador. It recognizes education, personal development, and self-care as meaningful steps toward recovery, independence, and long-term wellness.

Scholarships are valued at up to \$1,500 per semester and may be applied toward tuition, registration fees, and required books or materials.

All applications are treated with strict confidentiality.

Application Deadlines

Applications are reviewed three times annually:

- **April 1** – Spring/Summer semester
- **August 1** – Fall semester
- **November 1** – Winter semester

Eligibility Criteria

Applicants must:

- be at least 17 years of age (the age of majority in Newfoundland and Labrador); and
- have received adult services from a provincial Mental Health and Addictions Program within the past two years.

Funding will only be awarded once per calendar year for successful applicants. If an applicant has not received funding, they may reapply before the next application deadline.



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Eligible Programs and Courses

Funding may support courses or programs delivered by:

- Post-secondary institutions
- Private training institutions
- Continuing education providers
- Accredited local businesses or training centres

Programs may be completed online or in person.

Applicants must clearly describe the selected program, including its location, and outline how participation will contribute to their recovery, skill development, or overall well-being.

Application Process

1. Visit **healthcarefoundation.ca** to download the application form.
2. Complete **Section A – Applicant Information Form**.
3. Provide **Section B – Reference Form** to a clinical professional or physician who can offer a supporting reference.

The clinical professional must submit the completed application package directly to the Health Care Foundation using one of the following methods:

Email: hcf@healthcarefoundation.ca

Mail:

Moving Lives Forward Scholarship Program
c/o Health Care Foundation
71 Goldstone Street, Suite 103
St. John's, NL A1B 5C3

Incomplete applications will not be considered.



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Review and Decision Process

Applications are reviewed by the Scholarship Committee and assessed based on:

- demonstrated therapeutic value; and
- financial need.

Applicants will be notified in writing within two weeks of the review meeting.

Successful Applicants

Selected applicants will be contacted by a representative of the Health Care Foundation to confirm registration details and arrange payment of approved costs directly to the educational provider where applicable.

Previous recipients who wish to apply again must provide proof of participation and/or course completion, including final grades where applicable, for any previously funded program.

Acknowledgment

The Health Care Foundation gratefully acknowledges NAPE and its members for their generous support of the Moving Lives Forward Scholarship Program. Their commitment makes meaningful educational opportunities possible for individuals pursuing recovery and growth.



Newfoundland and Labrador Association of Public and Private Employees